

Blomidon Multisport Club 2017 Membership Form

Annual Membership

• Blomidon Multisport Club (“BMC”) annual membership runs from January 1st to December 31st each year, however members can join at any point in the year.

• A General Membership is currently \$30 per year

NOTE: - Any members who wish to race may require a membership from the respective sport organization.

Membership Benefits

• Recreation Nova Scotia Insurance when engaged in club-sanctioned activities such as runs, rides, swims, bricks or other group activities.

• Corporate Membership price, currently \$235, for a facility pass at Acadia (Regular price currently \$444.00) a savings of \$209.00.

• Coaching for one BMC event each week, focus depends on time of year e.g. technique improvement, fitness, bike / run “brick” workouts, open water swimming. Additional fees may be charged for some programmed activities that involve extra costs e.g. facility costs.

• Opportunities to take part in special programs/clinics/workshops as they arise (additional fees may apply to cover costs).

• Password to access OYO (On Your Own) workouts on the website.

• Information on other opportunities/activities happening in the community that may be of interest.

• Social events

Please return your completed form with payment to Chris Arsenault ,Club Registrar by mail to Chris Arsenault P.O. Box 260 Canning, NS B0P 1H0 or by email arsenaultchristopher@gmail.com or in person.

Payment can be made with cash, cheque, or etransfer.

Personal Information All information will be kept confidential on file and used in case of emergency

Name *	
Home Address *	
Preferred Phone # * indicate home or cell	
E-Mail Address *	
Emergency Contact Name & Phone #*	
Date of Birth *	
Health card #	
Medical Conditions/Medications/Allergies/ Past injuries	

To assist the club in planning programming, please check any of the following that you are interested in:

___ Get fitter

___ Be active in a fun social environment

___ Improve my running

___ Improve my cycling

___ Improve my swimming

___ Take part in a race (Name type of race & distance eg run, bike, triathlon, duathlon, aquabike _____)

___ Improve my race time

Other _____

Blomidon Multisport Club Privacy Notice, Release and Waiver

Privacy Notice

Blomidon Multisport Club (“BMC”) will not rent, sell or otherwise make your personal information available to any third party without your permission. The information you provide BMC will be used to maintain membership records and communicate info regarding events and races. It is also used to help develop new programs.

BMC Release, Waiver and Indemnity

I am aware that there are risks, dangers and hazards inherent in athletic activities, and in my preparation for, travel to or from, and participation in any running, swimming, biking, or activities and events organized, operated or sanctioned by BMC. I also understand that BMC training sessions are informal workouts for the enjoyment of the members and that these sessions are conducted on public and/or private property where no special privileges are granted to the membership.

These risks, dangers and hazards include, but are not limited to:

- Injuries resulting from vigorous physical exertion and strenuous cardiovascular workouts;
- Injuries resulting from falls to the ground due to uneven or irregular terrain or surfaces;
- Extremes of weather and temperature which may result in heatstroke, sunstroke or hypothermia;
- Injuries resulting from failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- Injuries from colliding with or being struck by other participants, spectators, equipment or vehicles;
- Risks associated with travel to or from training or competition locations; and
- Additional risks associated with non-competitive activities which are often an integral part of competitive events.

I UNDERSTAND AND ACKNOWLEDGE that BMC activities have inherent dangers that no amount of care, caution, instruction, or expertise can totally eliminate. I expressly and voluntarily assume all risk of death or personal injury sustained while participating in BMC activities whether or not they are caused by the negligence of the Released Parties.

I HEREBY RELEASE AND DISCHARGE BMC and all their respective agents, officials (the “Released Parties”) OF ALL CLAIMS, demands, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property. This includes, but is not limited to, losses caused by the negligence of the released parties.

I Consent /Do not consent * **(Delete the one that does not apply)** to the use of any likeness taken of me at a BMC sanctioned event and/or activity and BMC to be used in any print, video or web promotions. BMC will not sell or give that right on to another party

I hereby make application to become a member of Blomidon Multisport Club. I have read the privacy release and agree with BMC’s collection and use of my personal data. I have read and accept the waiver and indemnity.

I permit the coach to call for medical assistance if a situation arises where I am unable to communicate personal needs.

Signature* _____ Date* _____

Name* _____

Payment Method* _____